

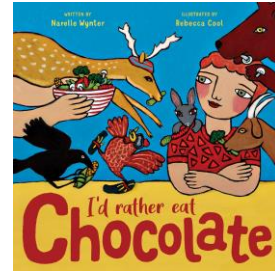
Fun Reads 4 Kids – I'd Rather Eat Chocolate

Foundation

Health and Physical Education

Making active choices

www.funreads4kids.com.au



Our food choices help our body to be active.

How did the foods help the animals and boy in the story?

Teacher notes:

- Discuss how foods can be like the fuel in a car - the nutrients give our body the energy it needs to be active and enjoy movement
- How did the foods help the animals in 'I'd Rather Eat Chocolate?'
- Which animals like:

mushrooms carrots corn broccoli zucchini snow peas

Task 1 - Sequencing

- Students cut and paste the pictures to place them in the correct order.

Task 2 - Favourite activity

- What kinds of activities and sport do you like? How do they make you feel?
- Draw a picture of you doing your favourite activity

Cut and paste the animals in the order mentioned in the story

1	2	3
4	5	6



My favourite activity is _____

SAMPLE